



Free Alcohol Prevention Course for Parents

Help your teen make safer and healthier decisions!

Access is Free and Easy:

1. Visit:

<http://highschoolparents.alcooledu.com>

2. Under New User type: *SHARE*

3. Click "Sign Up"



What does the course do?

- Helps parents understand Social Host Liability
- Dispels common misperceptions about underage drinking
- Assists with strategies and techniques for monitoring and setting rules
- Gives guidance on what to do if your teen is experimenting
- Gives expert advice for dealing with common situations.



AlcoholEdu for Parents uses videos, interactive exercises, and only takes approximately 15 minutes to complete.



Parent Feedback:

What did you like about the course? How do you plan to use the information you learned?

"It is full of facts to give a parent the knowledge so that we can educate our children with truthful, honest information."

"Good factual information about teens and drinking and about how many teens are not drinking. I enjoyed the footage of teens talking about what they would like to hear from parents."

"It takes you through the whole scenario, from dispelling myths, uncovering the truth about underage drinking and teen attitudes, followed by real examples of opportunities for conversation."

"You can read this at your own pace."

"Very informative—having the teens talk about their feelings and how to be approached regarding alcohol gave me tools to work with within my family."

"I learned a LOT about perceptions of drinking versus the reality of teen drinking. My own child commented that most kids drink in high school, so this was perfect timing for a conversation."

"I like the ease of use, the clear and concise information, the links that provided additional tips and information, and the variety of 'teaching' methods used."

"Learned a few new statistics...and that it's never too early to start to talk to your child about underage drinking."

"My kids are still young, but I plan to use the information with my siblings that have older kids and to keep this in mind as my children get older. There are great reminders in here for many topics, not just about dealing with alcohol."

"I am happy to learn that most teenagers do not drink and the numbers are a lot lower than I realized which was good news. I plan on changing my attitude and presentation to my girls. I will encourage them to find friends who do not drink and be able to say with confidence not all of the kids are drinking even if they think they do too."

For more information, visit:

www.outsidetheclassroom.com