



# Youth Mental Health First Aid

**Thursday, March 3**  
**5:00 p.m. - 9:00 p.m.**



For Registration please click on this link:

<https://www.nenpl.org/events/youth-mental-health-first-aid-zoom>

Or go to [www.nenpl.org](http://www.nenpl.org) and click on Event & Activities/View all events from the top toolbar and enter the program code NENR356 in the filtered search box to pull up the registration. Or you can call the reference desk and they can register you by the phone at (631) 261-6930.

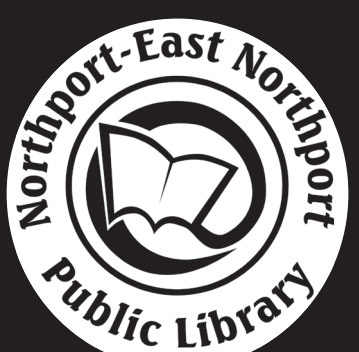
Youth Mental Health First Aid teaches parents/guardians and adults who work with youth (ages 12-18) how to identify, understand, and respond to signs of mental illness and substance use disorders. This training is designed to give you the skills to reach out and provide initial support to adolescents who may be developing a mental health related crisis, and help connect them to the appropriate care.

**Step One:** First Aiders will receive log in details approximately one week prior for a 2-hour, self-paced class (to be completed by March 1).

**Step Two:** Participants will then attend a 4-hour, instructor-led Zoom session on March 3. You will only receive Zoom session details if you complete the self-paced class. You must complete both steps to receive the certificate.

Registration begins February 1. **NENR356**

*This program is co-sponsored by the Northport-East Northport Community Drug and Alcohol Task Force.*



151 Laurel Avenue, Northport, NY 11768 • 631-261-6930  
185 Larkfield Road, East Northport, NY 11731 • 631-261-2313

[www.nenpl.org](http://www.nenpl.org)



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